

Name: \_\_\_\_\_  
Clinic: \_\_\_\_\_  
Date: \_\_\_\_\_

## **Oral Health and Fluoride Varnish Post-Test**

Please watch the Youtube video: “Oral Health and Fluoride Varnish” before completing this post-test.  
I confirm that I watched the entirety of the video.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This test is designed to determine your knowledge and skills as a screener. Please do not consult any notes or talk to anyone while you are taking this test. There is no time limit, but you can plan about 10-15 minutes for completion. Circle the correct answer to the best of your ability.

**Please circle the correct answer to the following questions:**

- 1. More children suffer from cavities than from asthma.**
  - a. True
  - b. False
  
- 2. When should I refer a child?**
  - a. All children over the age of 1, annually
  - b. At any age if a dental problem is detected or suspected
  - c. Evidence of handicapping malocclusion
  - d. All of the above
  
- 3. Which of the following qualifies as a “routine referral”?**
  - a. A 6 year old who has evidence of early caries
  - b. A newborn who has no erupted primary teeth
  - c. A 4 year old who has no evidence of dental disease or decay
  - d. A 16 year old who has had an oro-facial injury from basketball
  
- 4. Which of the following statements is FALSE?**
  - a. When conducting the oral-health screening, you should use a pick to clean plaque off the child’s teeth
  - b. When conducting an oral-health screening on a young child, you can use the knee-to-knee technique with the assistance of the parent
  - c. A good light source, a tongue depressor, and a toothbrush are useful tools to have when conducting an oral-health screening
  - d. Cavities can appear white, dark, or discolored
  
- 5. Parents should make sure to brush and floss their child’s teeth**
  - a. Immediately after Fluoride Varnish application
  - b. The morning after Fluoride Varnish application
  - c. Never, children should brush their own teeth

- 6. There is no need to remove food debris from a child's teeth before applying Fluoride Varnish.**
- a. True
  - b. False
- 7. Fluoride is needed to strengthen the enamel of teeth starting at what age?**
- a. Birth
  - b. 6 months
  - c. 1 year
  - d. 5 years
- 8. Parents should brush and floss their child's teeth...**
- a. Twice a day
  - b. Until the child is old enough to do it well on their own
  - c. Until a child is about school-age
  - d. All of the above

I confirm that I completed this test by myself without consulting any notes or other external references.  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_